



Pathways to Resilience

Peer-Led Support Art Group

Each week we will explore topics such as identity, self-care, safety, healing, and authenticity through expressive artmaking.

Who is it for:

Residing in Casey, Cardinia, or Dandenong region.

For external referrals, please attach existing MARAM and safety plan (if available).

Dates	October 15 – November 26, 2026
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Day & time	Thursday, 12.00 PM - 2.00 PM
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Duration	7 weeks
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Location	Each – 5/66 Victor Crescent, Narre Warren
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Contact us

To enquire about participating, please email Gull or Andrea

andrea.mijac@each.com.au or
gull.shahzad@each.com.au

