



Working with Families where a Parent has a Mental Health Challenge

- Explore how mental health challenges impact families and family systems
- Learn what helps parents experiencing mental health challenges and their children
- Develop engagement skills and strategies for working with children, young people, and families
- Discover resources and support services available to families
- Network with other professionals who support families

Date:

Wednesday 16th September 2026

Time:

9.30am - 4:30pm

Location:

Keysborough Community Hub

10 Villiers Rd, Keysborough VIC
3173

Training rooms 1 & 2

Who should attend?

Professionals working with children and families where a parent has a mental health challenge within the Bayside, Alfred and Monash Health catchment areas.

How to Register

Scan the QR code to register your interest or click the link below:



FREE

Registration Form: Working with families where a parent has a mental health challenge

Limited spaces available - register early!

Please respond by 29th August 2026 as places fill up fast.

For more information contact: fapmi@monashhealth.org

