

# Working with Families where a Parent has a Mental Health Challenge

FREE

## Topics include:

- Explore how mental health challenges impact family systems
- What helps parents with a mental health challenge and their children
- Engagement skills and strategies for working with children, young people and their parents
- Resources and supports available to families

### **Date:**

Tuesday 19<sup>th</sup> May

### **Time:**

8.30am - 4.30pm

### **Location:**

Cranbourne Integrated Care Centre

## Who should attend?

Professionals working with children and families where a parent has a mental health challenge within the Bayside Peninsula and Monash Health catchment areas.

## How to register?

To register your interest for the training Please click the [link here](#) or utilize QR code.

\*Please note there are limited spaces available so register early!\*



For more information contact:

fapmi@monashhealth.org

0498 654 938

