



# Training for Practitioners

## Preparedness Supports Recovery with David Younger

**Stress, High Emotion & Trauma:**  
Assisting and supporting community to recover and prepare during an era of cascading emergencies.

- Professional development workshop for practitioners working with children and families in Cardinia Shire.
- Run by clinical psychologist and experienced national disaster consultant David Younger.
- Workshops are scientifically informed and tailored to the disaster and emergency context, with a preparedness, recovery, well-being and positive psychology focus.

**DATE:** Wednesday, 15 April 2026

**TIME:** 9.00am - 12.00pm

**PLACE:** The ParentZone Hub  
75 Army Rd, Pakenham

***\*FREE workshop, registration essential\****



**Register:**

Scan the QR code or click here and select your event/s.

**Contact:**

0457 825 076 or  
[cfccardinia@anglicarevic.org.au](mailto:cfccardinia@anglicarevic.org.au)



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