

## **NDIS Fact Sheet – What You Need to Apply**

This guide helps you get ready to apply for the National Disability Insurance Scheme (NDIS). It explains what documents you need and why they are important.

### **Who Can Apply?**

You can apply if:

- You are under 65 years old
- You live in Australia
- You are an Australian citizen or permanent resident
- You have a disability that is permanent and affects your daily life

or

- You have a child aged 0 to 9 who needs early support

## **What Documents Do I Need?**

### **1. Proof of Identity**

The NDIS need to show who you are.

**This includes:**

- Your full name
- Your date of birth (e.g. birth certificate)
- Your contact details
- A photocopy of your ID that is signed by a Justice of the Peace (JP)
  - Birth certificate
  - Licence
  - Passport

## 2. Medical Reports

These reports help NDIS understand your disability. You need:

A report from your GP or specialist (someone who has known you for at least 6 months)


The report must be less than 2 years old

### It must include:

- Your diagnosis and when it was made
- How your disability affects your daily life
- What treatments you've had and how they worked
- What treatments you might need in the future

## 3. Reports About What You Can and Can't Do

These are called Functional Assessments. They show how your disability affects your ability to:

- Talk and understand (Communication)
  - Be social (Social skills)
  - Learn new things (Learning)
  - Move around (Mobility)
  - Look after yourself (Self-care)
  - Manage your life (like money, appointments, safety)
- 

### **These reports can come from:**

- Occupational Therapists (OTs)
- Speech Therapists
- Psychologists

### **They should explain:**

- What help you need
- How the help will improve your life
- How the help is good value for money

## **4. Mental Health Support (Psychosocial Disability)**

### **If you have a mental health condition, you need:**

- A report from your mental health worker and GP
- A Mental Health Care Plan
- A special form called the Evidence of Psychosocial Disability Form

### **Other Helpful Documents**

These documents help NDIS understand your life better:

- **Your Story:** Write about how your disability affects your daily life
- **Carer's Story:** Your carer writes about how they help you and how it affects them and your family
- **School Reports:** Show how your disability affects your learning
- **Letters from Professionals:** Say what help you need and what could happen if you don't get support

## How to Apply

### Download the Forms:

NDIS Access Form: <https://www.ndis.gov.au/applying-access-ndis>

Psychosocial Disability Form: <https://www.ndis.gov.au/media/6971/download?attachment>

### For Children (0–9 years):

Use the Early Childhood Provider Report from the NDIS website

- [Early Childhood Provider Report \(DOCX 84KB\)](#)
- [Early Childhood Provider Report \(PDF 185KB\)](#)
- [Report writing guidance \(DOCX 117KB\)](#)
- [Report writing guidance \(PDF 178KB\)](#)

Families and carers can read more about early childhood provider reports and Early childhood intervention providers can read more about early childhood provider reports on the link below

- [Information for families and carers | NDIS](#)

## Important Things to Know

### NDIS supports must:

- Be reasonable and necessary
  - Be good value for money
  - Help you have choice and control in your life
- 