



Understanding and Supporting Neurodivergent Children

An online session for parents needing extra support with parenting strategies and supporting their neurodivergent children.


This online session will offer parents:

- ✓ practical strategies and information regarding parenting a child with neurodiversity
- ✓ focusing on emotional regulation & co-regulation
- ✓ responding to big emotions or heightened behaviours in a responsive and calm way
- ✓ understanding the impact of brain development and caring for yourself.

Throughout this session, we will offer guidance and support to parents in understanding the unique and individual needs and strengths of their child, helping parents to feel confident and supported in their approach when managing big emotions and heightened or challenging behaviours.

Resources will be provided for ongoing support for families.

For more information:

 IFSGroups@windermere.org.au

 1300 946 337

PRESENTED BY

Tarryn Priest

IFS Practitioner and Group Facilitator

Bethany Howard

Occupational Therapist

When: Wednesday, 13th August 2025

Time: 06:00pm - 07:00pm

Where: Online (link will be provided)

Cost: Free

Scan here to enrol

*Bookings essential to
reserve your place.*



Windermere is committed to equity, inclusion and belonging for consumers and employees, by building diverse and inclusive services and work environments.

We are located at a number of sites in Victoria and offer services state-wide.

If you require an interpreter, we can arrange for one to be provided.

 www.windermere.org.au

