

**SAFE+EQUAL**

# PRIMARY PREVENTION TRAINING



Our engaging training offerings help you to build a strong, intersectional understanding of primary prevention activity in a range of settings across the community.

## Our training offerings include:

- Prevention in Practice
- Prevention in Practice Foundations eLearn
- Small Steps: Bystander Action for Gender Equality
- Unpacking Resistance
- Organisational Resistance: Advancing Practice
- Responding to Disclosures in Prevention

*Safe and Equal members have access to a 10% discount to all calendar training offerings.*

**[safeandequal.org.au](https://safeandequal.org.au)**

## Prevention in Practice



This interactive two-day training provides prevention practitioners (especially those new to the sector) with foundational skills and an understanding of the evidence on what drives violence against women, the actions we can all take to prevent violence from occurring, and how to design a prevention program.

Tuesday 18 & 25 March 2025  
Tuesday 5 & 12 August 2025

**\$425**

[Learn more and register here.](#)

## Prevention in Practice FOUNDATIONS ELEARN

Our new eLearn provides you with an evidence-based understanding of what drives violence against women, and the actions we can all take to prevent violence from occurring.

Adapted from our flagship primary prevention training Prevention in Practice, this self-paced and interactive eLearn module equips you with key knowledge and skills to begin your journey into the prevention sector.

**Self-paced**

**\$100**

[Learn more and register here.](#)

## Small Steps: Bystander action for equality

This four-hour virtual course is designed for workplaces and individuals who want to learn how to be an active bystander by safely and effectively challenging sexist attitudes in your professional and personal life.

Learn how to stand up and take care of others in different ways and explore simple and effective steps you can take to increase your confidence and speak up.

Thursday 6 March 2025  
Thursday 31 July 2025  
Thursday 13 November 2025

**\$250**

[Learn more and register here.](#)



# Unpacking Resistance

This interactive one-day training recognises that dealing with resistance is a normal part of any social change and is designed to support and equip practitioners with the strategies and tools needed to manage and respond to resistance in their work.

Thursday 27 February 2025      \$280  
Wednesday 23 April 2025  
Thursday 26 June 2025  
Thursday 28 August 2025  
Thursday 16 October 2025

[Learn more and register here.](#)

*[The most valuable aspect was] The framework in responding to resistance – previously have just used statistics to back up 'what about men' but then creating space and asking some further questions first will ensure the participant is feeling heard and not shut down.*

[safeandequal.org.au](https://safeandequal.org.au)



*[The] Facilitators...were AMAZING!! Their course content knowledge was evident, the way they co-presented together (modelling respectful and supportive collegiate behaviour) and just the way they represented S+E was wonderful.*



## Organisational Resistance : Advancing Practice

This interactive one-day training is designed to advance your understanding and application of strategies and tools to build organisational support and commitment for social change addressing the drivers of family and gender-based violence, and proactively plan for and manage institutional resistance to this change.

Wednesday 12 March 2025      \$280  
Tuesday 16 September 2025

[Learn more and register here.](#)

# Responding to Disclosures in Prevention

This virtual three-hour training recognises that it can feel overwhelming to receive disclosures of violence and not have the skills and practice in place to support someone.

Learn how to support and respond to disclosures within your work, by building your understanding and skills required to recognise the dynamics and indicators of violence and respond effectively to disclosures. The training will explore different ways to build safety and support within the design and delivery of prevention activities.

Wednesday 2 July 2025      \$210  
Thursday 23 October 2025

[Learn more and register here.](#)



## Tailored training

We deliver tailored training packages to suit your organisation's needs for preventing family and gender-based violence. Our experienced trainers have facilitated primary prevention training for a range of organisations, from large retailers to local councils, with outstanding feedback.

Visit [safeandequal.org.au](https://safeandequal.org.au) or contact us at [training@safeandequal.org.au](mailto:training@safeandequal.org.au).