



Tuning in to Kids™ Dandenong



This engaging six session parenting program is designed for parents and carers of children aged 2-10 years.

Based on an easy-to-follow five-step emotional coaching approach, Tuning in to Kids™ empowers families to build stronger relationships and support children's emotional wellbeing.

Join us and make a lasting impact on your family's wellbeing!

By participating, you'll learn how to:

- Understand and nurture your child's emotional intelligence.
- Confidently coach your child through big feelings by tuning in to their emotions.
- Equip your child with tools to manage emotions, solve problems, and navigate challenges.
- Teach your child healthy ways to handle conflict and build resilience.

Please note: This program is for caregivers residing in the City of Casey, Cardinia Shire, and Greater Dandenong who have at least 50% custody. Please be aware that children cannot attend the sessions, and childcare services are not provided.

BOOKINGS ESSENTIAL

Scan the QR code to register

<https://forms.office.com/r/12ub4HWWZx>



COST

Free

DATES

Thursdays (6 weeks)

Starts 30th July
6th, 13th, 20th and 27th August
3rd, September

TIME

10:00am until 12:30pm

VENUE

Uniting, Dandenong
51 Princes Hwy
Dandenong 3175

Light refreshments will be served

ENQUIRIES

P: 9704 8377

E: groupwork.south@vt.uniting.org