



POSITIVE PARENTING STRATEGIES PARENTS BUILDING SOLUTIONS

Presented by Parentzone in collaboration with PRONIA

JOIN US FOR OUR POSITIVE PARENTING WORKSHOPS

Session One: How to respond to bullying

Explore what bullying is, and how to recognise if your child is being bullied (or being a bully). Discuss ways to support your child to be safe, both online and in the real world.

Session Two: Fostering children's confidence

Explore why our children behave in particular ways, and how to encourage age appropriate independence, responsibility and participation in the family.

Session Three: Behave or Misbehave - That is the Question!

Parents do not need to put up with unacceptable behaviour. Explore strategies that teach your child/ren to choose to behave well.

NOTE: These parenting sessions are general in nature, and seek to create an environment where parents are learning from one another. We aim to equip parents with transferrable knowledge and skills, but the sessions do not address specific issues such as neurodiversity.

DATE: Tuesday, 21st January (Session One)
Tuesday, 11th February (Session Two)
Tuesday, 1st April (Session Three)

TIME: 12.15 p.m. - 1.30 p.m.

WHERE: Online (Zoom)
Please note: this session will **NOT** be recorded

COST: FREE!

For more information, contact:

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Register once to attend all three sessions

Use the QR code or this link:
<https://events.humanitix.com/parents-building-solutions-and-pronia-present-positive-parenting-strategies-kqujgrwr>

Registrations close at 4.00 p.m. the day before each session

