



Call or email us:
1300 583 145
uniting.scp@vt.uniting.org

Support for Carers Program

If you routinely care for someone with a disability, long-term illness, mental health condition, or age-related frailty, whether they're a relative, partner, or friend, you are considered a Carer, and support is available to help you.

Referral and advice

The Support for Carers Program offers practical assistance and advice for carers in-person, online and over the phone.

Looking after yourself as a Carer

Based on your assessed needs, you can access a range of once-off or short-term services and support options, including:

- Information and advice
- Respite support, either in-home or facility-based
- Purchase of an essential/critical item/service
- Counselling
- Transport support
- Domestic assistance
- Personal care
- Support from a Financial Capability Worker or Financial Counsellor
- Peer support or group activities and workshops to connect to others in a caring role
- Cultural, recreational, or community activities

Eligibility

To access the Uniting Support for Carer program, you must be:

- caring for someone who has a disability, chronic illness, mental health condition, chronic health condition, a terminal condition or who is frail due to age, and
- live in the local government areas of Melbourne Metro Inner East, Melbourne Metro Outer East, Southern Metropolitan, or Ovens Murray.

To apply

Email the SCP/AR referral form to uniting.scp@vt.uniting.org.