



## Pathways to Resilience Program (PTR)

### Supporting healing from family violence.

The Pathways to Resilience program offers a range of therapeutic responses to children, young people, adults, and families who have experienced family violence.

We offer a range of services covering:

- Individual counselling for adults
- Individual, dyadic and family counselling for children and young people
- Group Programs for children, young people and adults
- Peer Support provide support with service delivery and group participation

The therapeutic approach is:

- Trauma informed
- Developmentally informed
- Safety and recovery focused
- Evidence based
- Person and family centred
- Culturally safe, respectful, and inclusive

Location options include office based and community outreach.

Pathways to Resilience is a program available to those living in the City of Greater Dandenong, City of Casey, and the Cardinia Shire.

If you are interested in accessing or finding out more about PTR or would like a consultation, please contact our PTR team.

T 03 8792 8999

Monday – Friday

9am – 5pm

Funding for the Pathways to Resilience program is provided by the Victorian Government.