



Pathways to Resilience

Peer-Led Support Art Group

Each week we will explore topics such as identity, self-care, safety, healing, and authenticity through expressive artmaking.

Who is it for:

Residing in Casey, Cardinia, or Dandenong region.

For external referrals, please attach existing MARAM and safety plan (if available).

Dates	April 22 – June 3, 2026
Day & time	Wednesday, 12.00 PM - 2.00 PM
Duration	7 weeks
Location	Each – 5/66 Victor Crescent, Narre Warren



Contact us

To enquire about participating, please email Gull or Andrea

andrea.mijac@each.com.au or
gull.shahzad@each.com.au

