



Parenting Groups.

Join a parenting group for practical strategies and support.

We can help if you are looking for support to:

- Develop your parenting skills
- Build confidence as a parent

We offer free group programs to provide support and information to strengthen parent-child relationships and provide practical knowledge and skills development to support you with the challenges of parenting.

Our groups create a safe space for you to build connections with other parents. Engaging with others through parenting groups and sharing common issues with other parents can help to build on your support network and reduce any feelings of isolation.

These groups are available exclusively to caregivers living in the City of Casey, Cardinia Shire, or Greater Dandenong.

Further Information:

To learn more about the parenting groups we offer in the **City of Casey**, **Cardinia Shire**, and **Greater Dandenong**, and to receive updates about upcoming sessions, please click the link below or scan the QR code to register your interest.

<https://forms.office.com/r/NaLZJ39cqa>



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