

Seasons for Growth



A small educational group for children experiencing change, loss and grief

Has your child experienced a change or loss?

Does your child know how to respond and adapt to change or loss?

Does your child know how to find support to move forward with life?

Seasons for Growth is a small group program for children aged 6-8.

Seasons for Growth is an evidence-based change, loss and grief education program that uses imagery of the seasons to illustrate the experience of change, loss and grief.

Children can experience grief following significant changes and losses.

The program aims to support children to learn:

- that change is part of life
- how to name and care for feelings
- problem-solving skills
- how to make good choices
- to develop support networks.

Register (click link or use QR)

<https://forms.office.com/r/uXsmGOE7Tu?origin=IprLink>

Cost
Free

Date
Each Tuesday from Tuesday 12th May 2026 to Tuesday 7th July 2026 (8 children's sessions plus a celebration session for children and parents/carers)

Time
4:00pm-4:40pm

Venue
Narre Warren (address provided on registration)

Light refreshments will be provided.

Get in touch
For more information, contact David on 8792 8999

Uniting

