



Raising Neurodiverse Minds

You are not alone.

This program is designed to support parents of neurodiverse children living in and around Pakenham. The group offers an opportunity for parents to share experiences, build connection, and gain support alongside others facing similar challenges.

What We'll Explore Together

- Understanding ADHD, ASD, and other neurodivergence.
- Supporting your own self-care.
- Connecting with others with shared experiences.
- Navigating social services.

Date

Join us every Tuesday afternoon,
1:30–3:00 PM,
commencing 21 April 2026.

Location

Lounge room, Living & Learning Centre
6B Henry St, Pakenham

Scan the QR code to register

For enquiries, you can email or text the below contact:

✉ Earlyhelp.sma@mackillop.org.au

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