



Empowering Dads

Support, Connection, and Growth for Single Dads

Are you a single or primary caregiving dad looking for support and community?

Join *Empowering Dads*, a group designed to strengthen parenting skills, build lasting connections, and empower you in your fatherhood journey.

Through weekly sessions, we'll explore practical strategies for building strong relationships with your kids, managing daily routines, handling discipline, and more. You'll also have the opportunity to share experiences, learn from others, and create lasting friendships in a supportive environment.

What you'll get:

- Weekly discussions on parenting challenges and solutions
- Fun, hands-on activities to connect with your child
- Support from a community of fathers just like you
- Practical tools to balance work, parenting, and self-care

Start date:

Thursday 27th of February from 1-2pm and will run weekly for 8-weeks.

Location :

Living & Learning
6B Henry Street,
Pakenham
Victoria 3810

Contact information

Find out more information by visiting our website or calling us on:

✉ Earlyhelp.sma@mackillop.org.au

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