

SECONDARY CONSULTATION SERVICES

What is a Secondary Consultation?

A secondary consultation is a process where an ELMHS clinician provides clinical advice and support to professionals, at their request, in relation to their ongoing care of a young person who is experiencing mental health difficulties. You may be seeking to better understand the young person's presentation, risk and complexity or be seeking navigation to a relevant and indicated service.

In these appointments, the young person is identified and **does not have a current episode of care open** within ELMHS.

The secondary consultation appointment is attended only by the professionals supporting the young person.

The guardian of the young person will have consented to their child's care team receiving this support service.

What to expect at the Consultation

The ELMHS clinician will ask questions about the identified young person's *background, current context, presenting issues, and what has been tried to date*.

The ELMHS clinician will provide advice based on the information provided by attending professionals, for the professional to consider implementing in relation to the mental health support needs of the young person.

It is important to have and explain what your **referral question** is for the ELMHS clinician in regards to the young person and their care. This will help shape the purpose of the consultation and ensure everyone involved is working towards the same goal.

Booking an Appointment:

- Professionals can request a secondary consultation with ELMHS through the **access team** on **1300 369 012**.

De-Identified Consultations

- A de-identified secondary consultation can occur when a professional working with a young person wishes to discuss themes, formulation or service navigation **without** providing any identifying information. This can be organised by contacting iACT or the Community Consultation Clinician.

Who Can I Contact?

ELMHS Intake, Assessment, Brief Treatment & Consultation Team – iactaccess@monashhealth.org or **PH: 1300 369 012**

Community Consultation Senior Clinician – **PH: 9767 8274**