



Circle of Security Parenting™ (City of Casey)

An 8-session program designed for parents of children aged 4 months to 6 years.

Ever puzzled by your child's behaviour or unsure how to respond to their needs? Imagine understanding what your child is truly asking for - and knowing exactly how to respond.

Grounded in decades of research, the *Circle of Security Parenting™* program helps you build a stronger, more secure relationship with your child.

What You'll Learn:

Read emotional cues:

Interpret and respond effectively to your child's emotional cues.

Build emotional resilience:

Give your child tools to manage big feelings.

Boost self-esteem:

Build your child's confidence and sense of security.

Trust your instincts:

Tap into your natural wisdom and confidence as a parent.

Please note: This program is in partnership with the City of Casey and designed for parents/carers living in the City of Casey only. Please note children cannot attend the sessions, however **FREE CHILDCARE** is available for your convenience.



Uniting

COST

Free
(Registration essential)

DATES

Mondays (8 sessions)
Oct 19, 26 | Nov 2, 9, 16, 23, 30 | Dec 7

TIME

10:00 am – 12:00 pm

VENUE

Bunjil Place Library
2 Patrick Northeast Dr
Narre Warren VIC

REGISTER HERE



<https://bit.ly/3UUwiBE>

ENQUIRIES

(03) 9704 8377
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