



# 9-WEEK AFTER SCHOOL BUSHCRAFTING PROGRAM

## TIMBER SKILLS



- Understanding timber species and their uses
- Develop carving skills to create cooking utensils and bowl
- Knife and tool care

## SURVIVAL SKILLS



- Rope making from native plants
- Knot tying
- Shelter building
- Fire lighting- flint and steel through to bow drill
- Water purification

## PERSONAL SKILLS



- Develop new skills and capabilities
- Autonomy & patience
- Safety and resilience
- Problem solving
- Social connection

## CONTACT US

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Take the Quiz to Assess Your Teens Health and Wellbeing

<https://trek-learning-5tcfkj38.scoreapp.com/>