



PARENTING AFTER FAMILY VIOLENCE PARENTS BUILDING SOLUTIONS

THIS IS A PROGRAM FOR PARENTS WHO HAVE EXPERIENCED FAMILY VIOLENCE

Cranbourne Communities for Children Initiative is funded by the Australian Government

Would you like to:

- Re-establish trust in your family
- Improve your relationship with your children
- Improve communication in your family
- Explore strategies for responding to big feelings
- Help your children understand rules and establish boundaries
- Explore strategies to respond to other parenting challenges

The program will be co-designed with participating parents, based upon their parenting goals.

The program is open to parents of all genders.

DID YOU KNOW: You can take time off work to attend under the new Family Violence leave entitlements?

WHEN: 6 ONLINE sessions (Thursdays)
30th July - 3rd September, 2026

TIME: 12.00 p.m. - 2.00 p.m.

WHERE: Online (Zoom)

COST: FREE! Bookings essential
Contact: Carey 0437 428 281
carey.cole@anglicarevic.org.au

Limited spaces available. Preference will be given to parents or carers residing in Clyde, Clyde North, Botanic Ridge and Cranbourne, but all interested parents are invited to enquire.