



GROUP PROGRAM

# 123 Magic Parenting and Emotion Coaching

## A 3 week evidence-based program for parents or carers

Need help managing your child's behaviour?

Struggling to understand why your child is acting out?

Looking for positive approaches and strategies to support your child?

*You are not alone.*

**When:** Monday 16th, 23rd and 30th June, 2025\*

**Time:** 10:00am - 12:30pm

**Where:** Windermere, 48 Webb Street, Narre Warren, 3805

**Cost:** \$20 (includes parent workbook)

\*Change of dates: we've rescheduled to give families more time to respond.

**Scan here to enrol**

*Bookings essential to reserve your place.*



Windermere is committed to equity, inclusion and belonging for consumers and employees, by building diverse and inclusive services and work environments.

We are located at a number of sites in Victoria and offer services state-wide.

If you require an interpreter, we can arrange for one to be provided.

 [www.windermere.org.au](http://www.windermere.org.au)



**Learn effective methods that work like *magic*.**

This evidenced-based 3 week group program gives you:

- ✓ Knowledge and understanding of what works (and what doesn't).
- ✓ Results without the stress and exhaustion.
- ✓ Strategies to minimise arguing, yelling or conflict with your child.
- ✓ A stronger relationship with your child.

**The program is facilitated by our experienced family services practitioner.**


If you live in Cardinia, Casey or Dandenong and your child is aged between 2 and 12 this group program is for you.


**For more information:**

**This program**

[www.windermere.org.au/group-programs/123-magic-parenting-and-emotion-coaching](http://www.windermere.org.au/group-programs/123-magic-parenting-and-emotion-coaching)

**Current and future programs**

 [IFSGroups@windermere.org.au](mailto:IFSGroups@windermere.org.au)

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