

123 Magic Parenting and Emotion Coaching

Group Program



A 3 week evidence-based program for parents or carers



Need help managing your child's behaviour?

Struggling to understand why your child is acting out?

Looking for positive approaches and strategies to support your child?

You are not alone.

Learn effective methods that work like magic.

This evidenced-based 3 week group program gives you:

- ✓ Knowledge and understanding of what works (and what doesn't).
- ✓ Results without the stress and exhaustion.
- ✓ Strategies to minimise arguing, yelling or conflict with your child.
- ✓ A stronger relationship with your child.

The program is facilitated by our experienced family services practitioner.

If you live in Cardinia, Casey or Dandenong and your child is aged between 2 and 12 this group program is for you.

When: Tuesday's- 24th February, 3rd & 10th March 2026

Time: 5pm-7pm

Where: Held online

Cost: \$20 (includes parent workbook)

To enquire about current & future programs:

✉ IFSGroups@windermere.org.au

☎ 1300 946 337

For more information on this program:

www.windermere.org.au/group-programs/123-magic-parenting-and-emotion-coaching



Scan here to enrol

Bookings essential to reserve your place.