

# 123 Magic Parenting and Emotion Coaching

## Group Program



*A 3 week evidence-based program for parents or carers*



Need help managing your child's behaviour?

Struggling to understand why your child is acting out?

Looking for positive approaches and strategies to support your child?

You are not alone.

### Learn effective methods that work like magic.

This evidenced-based 3 week group program gives you:

- ✓ Knowledge and understanding of what works (and what doesn't).
- ✓ Results without the stress and exhaustion.
- ✓ Strategies to minimise arguing, yelling or conflict with your child.
- ✓ A stronger relationship with your child.

*The program is facilitated by our experienced family services practitioner.*

If you live in Cardinia, Casey or Dandenong and your child is aged between 2 and 12 this group program is for you.

**When:** Mondays- 5th, 12th & 19th May, 2025

**Time:** 10am - 12.30pm

**Where:** 48 Webb St, Narre Warren VIC

**Cost:** \$20 which includes a Parent Workbook

**To enquire about current & future programs:**

✉ [IFSGroups@windermere.org.au](mailto:IFSGroups@windermere.org.au)

☎ 1300 946 337

**For more information on this program:**

[www.windermere.org.au/group-programs/123-magic-parenting-and-emotion-coaching](http://www.windermere.org.au/group-programs/123-magic-parenting-and-emotion-coaching)



**Scan here to enrol**

*Bookings essential to reserve your place.*