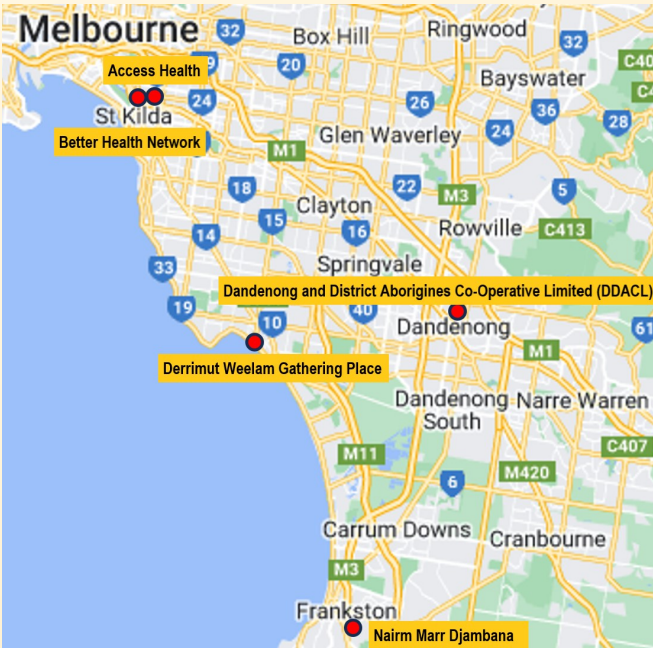


South Eastern Melbourne Region



Dandenong and District Aborigines Co-Operative Limited

3 Carroll Ave, Dandenong VIC 3175

Derrimut Weelam Gathering Place

199 Beach Rd, Mordialloc VIC 3195

Nairn Marr Djambana

32 Nursery Ave, Frankston VIC 3199

Better Health Network

341 Coventry Street, South Melbourne VIC 3205

Access Health

29-31 Grey Street, St Kilda VIC 3182

We acknowledge the traditional owners who are the custodians of the land our catchment covers. We pay our respects to them, their culture and their Elders past, present and future, and uphold their relationship to Country.

Aboriginal Outreach Workers & Care Coordinators:



Dandenong & District Aborigines Co-Operative Limited



Better Health Network



DERRIMUT WEELAM
GATHERING PLACE



Access Health
and St Kilda 24/7
Needle and
Syringe Program



NAIRN MARR DJAMBANA
GATHERING BY THE BAY

The Integrated Team Care program has been made possible through funding provided by the Australian Government under the South Eastern Melbourne Primary Health Network.



INTEGRATED TEAM CARE

SUPPORTING ABORIGINAL

&

TORRES STRAIT ISLANDERS

TO MANAGE YOUR
CHRONIC HEALTH
CONDITION



“Healthy Communities Healthy People”

The figures in the centre are our knowledge holders and Elders. Through their leadership they can teach us about our culture and bring us together to be a strong and resilient community which in turn makes us healthy and happy people.

The circles represent all the mob coming together to learn from our Elders so that they can pass on the knowledge through generations of our people which in turn creates healthy communities and healthy people.

Artist: Drew Berwick

What is Integrated Team Care?

The Integrated Team Care (ITC) program supports Aboriginal & Torres Strait Islanders with chronic (long term illness) conditions e.g. diabetes, asthma.

Priority is given to those who have complicated care needs and require support to manage their health conditions.

Who is eligible to access the program?

Aboriginal & Torres Strait Islander people who:

- have a chronic disease
- have a current GP Management Plan (GPMP) and Team Care Arrangements (TCA)
- live in the Greater Dandenong, Frankston, Casey, Cardinia, Mornington Peninsula, Port Phillip, Stonnington, Glen Eira, Bayside and Kingston Local Government areas (LGAs).

Have a yarn with your Doctor (GP) about the ITC program

Make an appointment with your GP to discuss your chronic health condition. Your GP can refer you to a care coordinator with a referral and GPMP.

GP Management Plans (GPMP)

If you have a chronic condition and haven't had a GPMP done, ask reception to make a longer appointment with your GP/Aboriginal Health Worker so that they know you will be visiting for a GPMP.

What are the benefits of ITC?

Managing chronic conditions can be difficult and overwhelming.

The ITC Program assists people with chronic conditions who require complex care assistance from allied health and specialist services.

The ITC Program provides:

- Access to Care Coordination support
- Access to Aboriginal Outreach Worker support
- Assist you to understand your health condition/s and medications
- Access to some medical equipment
- Links to other helpful services and programs

* Please note there are Federal Government guidelines which we must adhere to when determining eligibility and assessing access to the ITC program.

DDACL



Servicing Greater Dandenong, Frankston, Casey, Cardinia and Mornington Peninsula LGAs

Better Health Network



Servicing Port Phillip, Stonnington, Glen Eira, Bayside, and Kingston LGAs

Ph: (03) 8902-9700

Mob: 0438 125 752

(Mon—Thurs)

Ph: (03) 9066-1567

Mob: 0447 235 794

Have you had a 715 Health Check?

A 715 Health Check is an overall check of your health completed with you by an Aboriginal Health Worker or Nurse and then reviewed by your GP.

A health check can identify any health needs you might have and provide you with a referral to access assistance if you need it.

You can have a free health check every 9 months.